

## Uitslag programma 1: 200 meter wisselslag m87

### Uitslag programma 2: 200 meter wisselslag j87

|   |                      |                     |         |
|---|----------------------|---------------------|---------|
| 1 | Sem Bijl             | DZC Merwede         | 2.35.88 |
| 2 | Peter Hupkes         | HZ Zian             | 2.39.60 |
| 3 | Marick Hoeijenbos    | Poseidon '56        | 2.43.22 |
| 4 | Thomas van Wingerden | DZC Merwede         | 2.47.11 |
| 5 | Oussama Mezroui      | Zwemlust-Den Hommel | 2.49.09 |
| 6 | Naim ElHilali        | HZ Zian             | 2.49.36 |
| 7 | Devi Wolthuizen      | Proface/DAW         | 2.49.66 |
| 8 | Mattijs Wijnmalen    | AZ&PC               | 2.50.04 |

### Uitslag programma 3: 100 meter rugslag m89el

|   |                    |                   |         |
|---|--------------------|-------------------|---------|
| 1 | Mariette Nijhof    | Njord             | 1.21.25 |
| 2 | Hester Langlere    | Aquarijn          | 1.24.94 |
| 3 | Avital Kuperman    | SG Hellas / KZ    | 1.25.54 |
| 4 | Daphne van Iterson | LZ 1886           | 1.27.16 |
| 5 | Daniëlle Haverkate | GZ & PC De Whee   | 1.28.55 |
| 6 | Laura van der Iest | Midden Drenthe SG | 1.28.88 |
| 7 | Lesley Klaassen    | Z & PC de AA      | 1.29.48 |
| 8 | Joyce Hoven        | Z & PC Bubble     | 1.29.61 |

### Uitslag programma 4: 100 meter rugslag j89el

|   |                    |                  |         |
|---|--------------------|------------------|---------|
| 1 | Stefan Groeneweg   | De Lansingh      | 1.23.32 |
| 2 | Kenneth Deinum     | Rapido '82       | 1.23.51 |
| 3 | Peter van Heukelem | S.G.G.           | 1.24.80 |
| 4 | Kevin de Jong      | De Schelde       | 1.24.94 |
| 5 | Martijn Dolk       | De Geul          | 1.27.35 |
| 6 | Robert Yallop      | HZC-Weusthag     | 1.30.26 |
| 7 | Rens v.d. Berg     | Z.V. Torpedo     | 1.30.32 |
| 8 | Aljan Tempel       | Z.P.C. Hoogeveen | 1.30.38 |

### Uitslag programma 5: 100 meter schoolslag m88

|   |                    |                 |         |
|---|--------------------|-----------------|---------|
| 1 | Jasmijn Guerard    | ZPCH            | 1.27.46 |
| 2 | Laurien Ruigrok    | ZPB Profus      | 1.29.58 |
| 3 | Marscha Spel       | ZPC De Inktvis  | 1.29.90 |
| 4 | Joëlle Vos         | Z.V.D.O. '74    | 1.30.53 |
| 5 | Annemieke Doornbos | Eemsrobben      | 1.30.61 |
| 6 | Linda Everlo       | OZ & PC         | 1.31.09 |
| 7 | Jantina Bredewoud  | Z.V. Hatto Heim | 1.31.22 |
| 8 | Dominiek Derix     | SG Hellas / KZ  | 1.31.49 |

### Uitslag programma 6: 100 meter schoolslag j88

|   |                  |                 |         |
|---|------------------|-----------------|---------|
| 1 | Thomas Verburg   | Poseidon '56    | 1.24.98 |
| 2 | Jurrien Hartman  | VZC Vlaardingen | 1.26.56 |
| 3 | Joeri Verlinden  | SG Hellas / KZ  | 1.29.46 |
| 4 | Sebastian Bakker | Zignea          | 1.30.97 |
| 5 | Roland Boon      | N.D.D.          | 1.31.95 |
| 6 | Jeroen Stuit     | Eemsrobben      | 1.31.97 |
| 7 | Ramon van Dalsum | Surena          | 1.32.24 |
| 8 | Thijs Fikkert    | Deltasteur      | 1.32.42 |

### **Uitslag programma 7: 100 meter vrije slag m87**

|   |                    |                   |         |
|---|--------------------|-------------------|---------|
| 1 | Tessa Lukassen     | Zuiderzeewemmers  | 1.04.53 |
| 2 | Suzanne Erdbrink   | VZC Veenendaal    | 1.05.30 |
| 3 | Wendy van der Iest | Midden Drenthe SG | 1.07.77 |
| 4 | Chantal Kuipers    | N.D.D.            | 1.08.04 |
| 5 | Eline Planken      | DZC Merwede       | 1.08.16 |
| 6 | Linda Koolen       | MZPC              | 1.08.54 |
| 7 | Anouk Muilwijk     | DZC Merwede       | 1.08.81 |
| 8 | Joyce Aurik        | D.Z.T. '62        | 1.08.95 |

### **Uitslag programma 8: 100 meter vrije slag j87**

|   |                      |              |         |
|---|----------------------|--------------|---------|
| 1 | Peter Hupkes         | HZ Zian      | 1.01.92 |
| 2 | Sem Bijl             | DZC Merwede  | 1.03.64 |
| 3 | Mattijs Wijnmalen    | AZ&PC        | 1.04.93 |
| 4 | Ronald Vullings      | Merlet       | 1.05.35 |
| 5 | Thomas van Wingerden | DZC Merwede  | 1.06.11 |
| 6 | Roelof Veenvliet     | Proface/DAW  | 1.06.22 |
| 7 | Marick Hoeijenbos    | Poseidon '56 | 1.06.41 |
| 8 | Nick Driebergen      | LZ 1886      | 1.07.40 |

### **Uitslag programma 9: 100 meter schoolslag m89el**

|   |                       |                   |         |
|---|-----------------------|-------------------|---------|
| 1 | Avital Kuperman       | SG Hellas / KZ    | 1.30.59 |
| 2 | Mariette Nijhof       | Njord             | 1.31.08 |
| 3 | Laura Jaspers         | De Lansingh       | 1.31.17 |
| 4 | Suzan van der Bogaard | Mosa-Regio        | 1.36.12 |
| 5 | Elsemieke vd Bogaard  | ZPC De Rog        | 1.36.74 |
| 6 | Laura Smids           | DZ & PC           | 1.37.71 |
| 7 | Laura van der Iest    | Midden Drenthe SG | 1.37.96 |
| 8 | Loes Wijlens          | ZCL Losser        | 1.39.22 |

### **Uitslag programma 10: 100 meter schoolslag j89el**

|   |                  |                  |         |
|---|------------------|------------------|---------|
| 1 | Arne Doddema     | GZVW             | 1.32.18 |
| 2 | Kevin de Jong    | De Schelde       | 1.33.73 |
| 3 | Stefan Groeneweg | De Lansingh      | 1.34.34 |
| 4 | Erik den Dekker  | Z.V.D.O. '74     | 1.36.28 |
| 5 | Lennart Leusink  | ZVZ              | 1.39.50 |
| 6 | Martijn Dolk     | De Geul          | 1.40.20 |
| 7 | Niels van Eck    | Z.P.C. Hoogeveen | 1.40.53 |
| 8 | Mark Koster      | Z.P.C. Hoogeveen | 1.41.46 |

### **Uitslag programma 11: 50 meter vlinderslag m88**

|   |                      |                 |          |
|---|----------------------|-----------------|----------|
| 1 | Joëlle Vos           | Z.V.D.O. '74    | 0.33.48  |
| 2 | Laurien Ruigrok      | ZPB Profus      | 0.34.68  |
| 3 | Danya Muilwijk       | DZC Merwede     | 0.34.95  |
| 4 | Iris Visser          | De Zwetter      | 0.35.86a |
| 5 | Tiffany Kaersenhout  | WZ&PC           | 0.35.86b |
| 6 | Sabrina van der Valk | HZ Zian         | 0.36.22  |
| 7 | Iris Brand           | DZC Merwede     | 0.36.38  |
| 8 | Vera Geurken         | Zeester-Meerval | 0.36.88  |

### **Uitslag programma 12: 50 meter vlinderslag j88**

|   |                       |                 |         |
|---|-----------------------|-----------------|---------|
| 1 | Joeri Verlinden       | SG Hellas / KZ  | 0.31.73 |
| 2 | Thomas Verburg        | Poseidon '56    | 0.32.84 |
| 3 | Jeroen Stuu           | Eemsrobbe       | 0.34.60 |
| 4 | Frank Boon            | De Lansingh     | 0.36.35 |
| 5 | Steven Schreuder      | GZ & PC De Whee | 0.36.45 |
| 6 | Jurrien Hartman       | VZC Vlaardingen | 0.36.57 |
| 7 | Sebastiaan Verschuren | Aquarijn        | 0.36.75 |
| 8 | Remko Meyers          | DZC Merwede     | 0.37.06 |

### **Uitslag programma 13: 100 meter rugslag m87**

|   |                       |                   |         |
|---|-----------------------|-------------------|---------|
| 1 | Tessa Lukassen        | Zuiderzeezwemmers | 1.14.05 |
| 2 | Toesja Klein          | LZ 1886           | 1.15.24 |
| 3 | Charlotte Groeneveld  | VZC Veenendaal    | 1.15.74 |
| 4 | Lenny v.d. Akker      | HZ Zian           | 1.17.11 |
| 5 | Lenneke van der Molen | ZwemClub Enschede | 1.17.34 |
| 6 | Chantal Kuipers       | N.D.D.            | 1.17.76 |
| 7 | Linda Koolen          | MZPC              | 1.18.23 |
| 8 | Wendy van der Iest    | Midden Drenthe SG | 1.18.83 |

### **Uitslag programma 14: 100 meter rugslag j87**

|   |                      |                |         |
|---|----------------------|----------------|---------|
| 1 | Marick Hoeijenbos    | Poseidon '56   | 1.15.32 |
| 2 | Sem Bijl             | DZC Merwede    | 1.15.85 |
| 3 | Thomas van Wingerden | DZC Merwede    | 1.17.19 |
| 4 | Nick Driebergen      | LZ 1886        | 1.18.70 |
| 5 | Jordy Kok            | Z.V. Waterland | 1.18.93 |
| 6 | Bart Beemster        | WZ&PC          | 1.19.20 |
| 7 | Roelof Veenvliet     | Proface/DAW    | 1.19.27 |
| 8 | Mattijs Wijnmalen    | AZ&PC          | 1.19.65 |

### **Uitslag programma 15: 100 meter vrije slag m89el**

|   |                     |                |         |
|---|---------------------|----------------|---------|
| 1 | Hester Langlere     | Aquarijn       | 1.13.82 |
| 2 | Mariette Nijhof     | Njord          | 1.14.24 |
| 3 | Avital Kuperman     | SG Hellas / KZ | 1.14.50 |
| 4 | Daphne van Iterson  | LZ 1886        | 1.15.44 |
| 5 | Joyce Witteveen     | AZ&PC          | 1.15.65 |
| 6 | Hanneke Simons      | Eijsden        | 1.18.95 |
| 7 | Anke Jonker         | De Dolfijn     | 1.19.60 |
| 8 | Ranomi Kromowidjojo | S.G.G.         | 1.19.81 |

### **Uitslag programma 16: 100 meter vrije slag j89el**

|   |                     |               |          |
|---|---------------------|---------------|----------|
| 1 | Kevin de Jong       | De Schelde    | 1.12.80  |
| 2 | Stefan Groeneweg    | De Lansingh   | 1.12.94  |
| 3 | Kenneth Deinum      | Rapido '82    | 1.14.75  |
| 4 | Mark Varkevisser    | Z.V. Torpedo  | 1.14.94  |
| 5 | Mike Stoffer        | ZV Zoetermeer | 1.16.72  |
| 6 | Robert Yallop       | HZC-Weusthag  | 1.17.21  |
| 7 | Wouter Hesterman    | Het Y-Mere    | 1.17.74  |
| 8 | Luuk van Amersfoort | De Rijn       | 1.18.31a |

### **Uitslag programma 17: 100 meter rugslag m88**

|   |                   |                 |         |
|---|-------------------|-----------------|---------|
| 1 | Danya Muilwijk    | DZC Merwede     | 1.19.15 |
| 2 | Amanda Struik     | De Kempvis      | 1.20.42 |
| 3 | Samantha van Eyk  | De Geul         | 1.20.96 |
| 4 | Loes Abbink       | Z.V. Groenlo    | 1.22.68 |
| 5 | Vera Geurken      | Zeester-Meerval | 1.23.03 |
| 6 | Wendy v.d. Zanden | PSV             | 1.23.38 |
| 7 | Anita Scheper     | Z.C. Borger     | 1.23.61 |
| 8 | Iris Visser       | De Zwetter      | 1.23.72 |

### **Uitslag programma 18: 100 meter rugslag j88**

|   |                       |                  |         |
|---|-----------------------|------------------|---------|
| 1 | Thomas Verburg        | Poseidon '56     | 1.18.12 |
| 2 | Joeri Verlinden       | SG Hellas / KZ   | 1.19.65 |
| 3 | Sebastiaan Verschuren | Aquarijn         | 1.20.21 |
| 4 | Wim van Beelen        | Z en PC Katwijk  | 1.20.76 |
| 5 | Roland Boon           | N.D.D.           | 1.21.13 |
| 6 | Mark Bottinga         | VZC Vlaardingens | 1.21.56 |
| 7 | Marvin v.d. Schaaf    | De Dolfijn       | 1.23.57 |
| 8 | Peter Sohl            | Rapido '82       | 1.24.05 |

### **Uitslag programma 19: 100 meter vlinderslag m87**

|   |                        |                   |         |
|---|------------------------|-------------------|---------|
| 1 | Toesja Klein           | LZ 1886           | 1.16.25 |
| 2 | Chantal Kuipers        | N.D.D.            | 1.17.88 |
| 3 | Tessa Lukassen         | Zuiderzeewemmers  | 1.18.34 |
| 4 | Sanne Schoonbeek       | Z & PC Bubble     | 1.19.22 |
| 5 | Christel van de Guchte | De Stormvogel     | 1.19.74 |
| 6 | Nina Willemse          | SG Hoorn-Zeemacht | 1.20.03 |
| 7 | Lenny v.d. Akker       | HZ Zian           | 1.20.07 |
| 8 | Carine Vos             | Vriledo           | 1.21.15 |

### **Uitslag programma 20: 100 meter vlinderslag j87**

|   |                     |                     |         |
|---|---------------------|---------------------|---------|
| 1 | Sem Bijl            | DZC Merwede         | 1.13.66 |
| 2 | Oussama Mezroui     | Zwemlust-Den Hommel | 1.14.88 |
| 3 | Peter Hupkes        | HZ Zian             | 1.17.24 |
| 4 | Bart Beemster       | WZ&PC               | 1.18.87 |
| 5 | Stefan van Susteren | Aqua Novio'94       | 1.20.29 |
| 6 | Devi Wolthuizen     | Proface/DAW         | 1.20.47 |
| 7 | Mattijs Wijnmalen   | AZ&PC               | 1.20.74 |
| 8 | Christiaan Füsers   | RZ                  | 1.21.45 |

### **Uitslag programma 21: 50 meter vlinderslag m89el**

|   |                    |                   |          |
|---|--------------------|-------------------|----------|
| 1 | Mariette Nijhof    | Njord             | 0.36.48  |
| 2 | Hester Langlere    | Aquarijn          | 0.37.71  |
| 3 | Rhiana van Kempen  | De Schotejil      | 0.38.03  |
| 4 | Avital Kuperman    | SG Hellas / KZ    | 0.39.07a |
| 5 | Laura Jaspers      | De Lansingh       | 0.39.07b |
| 6 | Linda de Vries     | Avena             | 0.39.73  |
| 7 | Daphne van Iterson | LZ 1886           | 0.39.85  |
| 8 | Laura van der Iest | Midden Drenthe SG | 0.41.10  |

### **Uitslag programma 22: 50 meter vlinderslag j89e1**

|   |                  |              |         |
|---|------------------|--------------|---------|
| 1 | Kevin de Jong    | De Schelde   | 0.37.14 |
| 2 | Rens v.d. Berg   | Z.V. Torpedo | 0.37.24 |
| 3 | Cor Haijer       | GZVW         | 0.40.17 |
| 4 | Arien Dilanchian | LZ 1886      | 0.40.86 |
| 5 | Stefan Groeneweg | De Lansingh  | 0.40.92 |
| 6 | Robert Yallop    | HZC-Weusthag | 0.41.78 |
| 7 | Maurice Vlaskamp | Nautilus     | 0.42.93 |
| 8 | Michiel Ruhaak   | LZ 1886      | 0.43.37 |

### **Uitslag programma 23: 100 meter vrije slag m88**

|   |                 |                 |          |
|---|-----------------|-----------------|----------|
| 1 | Laurien Ruigrok | ZPB Profus      | 1.06.93  |
| 2 | Joëlle Vos      | Z.V.D.O. '74    | 1.07.14  |
| 3 | Danya Muilwijk  | DZC Merwede     | 1.10.78  |
| 4 | Anita Scheper   | Z.C. Borger     | 1.11.39  |
| 5 | Marike Boersen  | VZC Veenendaal  | 1.12.39  |
| 6 | Vera Geurken    | Zeester-Meerval | 1.13.13a |
| 7 | Irene Gubbels   | Mosa-Regio      | 1.13.13b |
| 8 | Xandra Jacobs   | N.D.D.          | 1.13.22  |

### **Uitslag programma 24: 100 meter vrije slag j88**

|   |                       |                 |          |
|---|-----------------------|-----------------|----------|
| 1 | Thomas Verburg        | Poseidon '56    | 1.06.39  |
| 2 | Joeri Verlinden       | SG Hellas / KZ  | 1.07.07  |
| 3 | Sebastiaan Verschuren | Aquarijn        | 1.08.66  |
| 4 | Wim van Beelen        | Z en PC Katwijk | 1.09.25  |
| 5 | Jeroen Stuu           | Eemsrobber      | 1.10.65  |
| 6 | Peter Crijns          | R.Z.L.          | 1.11.57  |
| 7 | Mark Bottinga         | VZC Vlaarding   | 1.11.65  |
| 8 | Steven Schreuder      | GZ & PC De Whee | 1.11.86a |

### **Uitslag programma 25: 100 meter schoolslag m87**

|   |                    |                   |         |
|---|--------------------|-------------------|---------|
| 1 | Tessa Lukassen     | Zuiderzeewemmers  | 1.24.51 |
| 2 | Eline Planken      | DZC Merwede       | 1.24.88 |
| 3 | Wendy van der Iest | Midden Drenthe SG | 1.25.50 |
| 4 | Nathalie Schrik    | De Kikker         | 1.26.76 |
| 5 | Astrid van Reeden  | Z.V. De Meer      | 1.26.98 |
| 6 | Carine Vos         | Vriledo           | 1.27.22 |
| 7 | Julia van Rijswijk | De Stormvogel     | 1.27.49 |
| 8 | Cita Messchaert    | WZ&PC             | 1.27.76 |

### **Uitslag programma 26: 100 meter schoolslag j87**

|   |                    |              |         |
|---|--------------------|--------------|---------|
| 1 | Peter Hupkes       | HZ Zian      | 1.19.88 |
| 2 | Sem Bijl           | DZC Merwede  | 1.22.92 |
| 3 | Henk Kooistra      | Orca         | 1.24.59 |
| 4 | Marick Hoeijenbos  | Poseidon '56 | 1.26.09 |
| 5 | Patrick v.d. Linde | De Ham       | 1.26.37 |
| 6 | Dennis Straathof   | Eemsrobber   | 1.28.50 |
| 7 | Jan Brouwer        | Neptunia '24 | 1.29.50 |
| 8 | Roelof Veenvliet   | Proface/DAW  | 1.29.61 |